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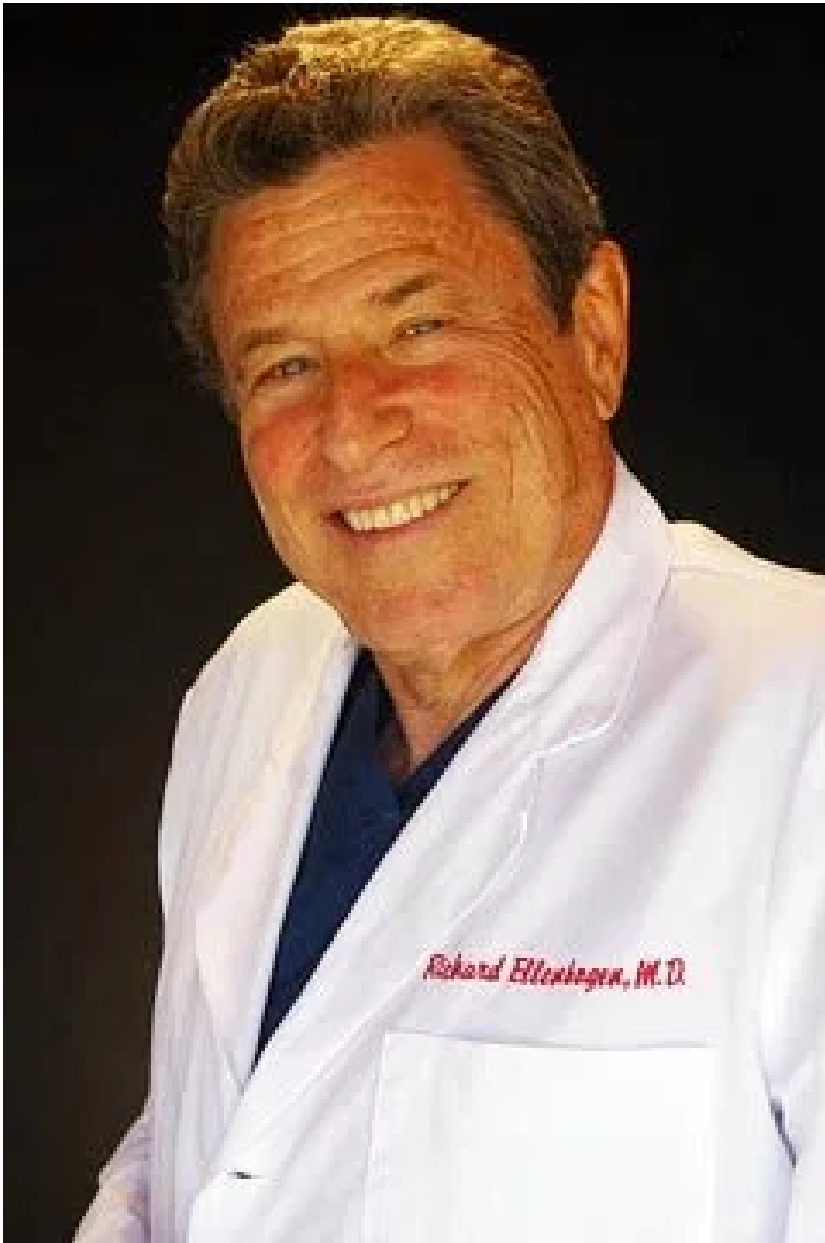
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## Beachie Beauty

### Beauty & the Beach

# Beachie Beauty Exclusive Interview with Dr. Richard Ellenbogen

May 12, 2016 ~ beachiebeauty



This article is for informational purposes only.

Dr. Richard Ellenbogen is a board certified plastic surgeon. He received his training from the University of Florida, University of Miami Leonard School of Medicine, The Prenatal Determination of Fetal Sex Using Maternal Blood Through Chromosome Analysis Research Medical School & Albert Einstein College of Medicine respectfully. I had the privilege of an exclusive interview in his Los Angeles office.

So you say you want a youthful look, fuller lips, no frown lines, no marionette mouth. You may be a candidate for fat grafting. Slam on your breaks and get ready because every procedure that I have found has everything to do with fat transfer, fat grafting or fat injection. Dr. Ellenbogen rediscovered the technique in the early 80s where research was conducted on a few people to see if this procedure would enhance the job. He was successful in his findings, the technique has been used by most physicians all over the world.

Q.What is Fat Grafting?

A. It is transferring fat from areas in which you have excess fat, such as the outer thighs or the tummy area, and injects it into areas that may be lacking in volume, such as the face, hands, breasts or buttocks.

Q. Who is the best candidate for Facial Fat Grafting?

A. Fat grafting is for someone who wants to add volume to their cheeks, lips deep wrinkles, nasolabial folds and under the eyes. We like to perform this surgery with the rhinoplasty which is my specialty though its difficult to add fat to the nose.

Fat grafting is a minimal non-invasive procedure with no downtime. During our interview I had the pleasure of meeting one of Dr. Ellenbogen's patients that had fat grafting done. Fat was removed from her love handle and injected into her lower eyes, lips and marionette lines for more volume to the face. Having had the non-invasive surgery 24 hours from the time I saw her was remarkable. It really just looked like she had on makeup with very little swelling and little to no bruising I was impressed.

\* Results may vary so be sure to use your due diligence.

*#funfact Dr. Ellenbogen is a portrait painter. His approach to the rhinoplasty procedure is like no other. He has a knack for picking up, what a patient wants to achieve.*

Other procedures that use fat injections are breast augmentation, brazilian butt augmentation and hand surgery.

Breast augmentation we know uses saline or silicone implants also applies the fat grafting technique in persons that have smaller sized breasts that may just want to go up a cup size. Depending on size and proportion of the butt. The brazilian butt augmentation is where the fat is transferred from an area that the patient desired that the fat should come from is removed from the love handles, or thighs and is injected into the butt for a more curvier look. It all depends on if the patient has the fat to use. Hand surgery is quite different in that the aging process causes it to look thin. Fat transfer makes the hand look more define.

On to more charitable note Dr. Ellenbogen is helping to raise funds for Hospital de la fe in San Miguel de Allende, Mexico and Project Happy Face. The goal to help children and adults who have congenital or injury induced deformities. Hospital de la fe is not equipped currently for these types of procedures so patients are sent to Celaya Clinic of Dr. Valazquez and Dr. Berlanga for dental and speech respectfully. To find out how you can donate to this worthy cause give the office a call.

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A special thank you to Dr. Ellenbogen and his staff for the wonderful experience at his office. #beachiebeautyapproved

Andrea Price

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