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- BLOG
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## The Art Of The FaceLift: Dr. Richard Ellenbogen Describes A Natural-Looking Technique

The Los Angeles plastic surgeon says that beautiful results with less downtime can be achieved with advanced facelifting techniques.

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Online PR News – 02-July-2013 – Los Angeles, CA - Can a facelift be both minimally invasive and provide excellent results? Absolutely, says Dr. Richard Ellenbogen, a renowned plastic surgeon who says his facelift technique uses an incision just one-half to one-third as long as a conventional procedure. This provides beautiful results with the benefits of a faster, easier recovery, says Dr. Ellenbogen. My technique effectively combines facial volume restoration using fat transfer with the tightening of lax tissue, resulting in a jowl-free jawline and a natural-looking face, both in repose and in movement. The procedure also minimizes wrinkles, he says.

Dr. Ellenbogen's patient before and after her facelift.

Dr. Ellenbogen is the winner of a coveted highest award for his facelift technique from the International Society of Clinical Plastic Surgeons.

Fewer than one in five patients operated on using this technique require any pain medication, says Dr. Ellenbogen. I shortened the incision by 60%, eliminating the need for an annoying bandage after the first night, and there is no postoperative bed rest required.

One of the greatest advances in facelifting surgery is the addition of fat grafting to the procedure, says Dr. Ellenbogen. As the face ages, not only does the skin sag, but facial fat is lost while some of the remaining fat shifts downward, creating a hollow look under the eyes, in the mid face and elsewhere.

Dr. Ellenbogen says by taking fat from another area of the body and using it to restore lost facial volume he can significantly improve the results and longevity of a facelift.

Dr. Ellenbogen's facelift procedure was featured in the Journal of Aesthetic Surgery and received universal peer approval. He also was awarded the 2012 "Best Facial Plastic Surgery Result" by the Aesthetic Academy. Dr. Ellenbogen is the director of a prestigious post graduate training program and has taught previous students in his technique.

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### About Dr. Ellenbogen:

Dr. Richard Ellenbogen is a highly experienced plastic surgeon with a career spanning more than 30 years, during which time he has acquired a large number of celebrity clientele.

He is the Director of a prestigious post-graduate training program and a visiting professor in South Africa, where he helps other surgeons advance their skills. Dr. Ellenbogen is a Fellow of the American and International College of Surgeons and has been featured as "One of the Top Plastic Surgeons in America," by Town and Country magazine.

Dr. Ellenbogen is considered an innovator in rhinoplasty and revision rhinoplasty techniques, facial fat grafting, underarm/axillary breast augmentation and volumetric facelift procedures. Dr. Ellenbogen is regarded as one of the top rhinoplasty, revision rhinoplasty and facelift facial surgeons in the world by his peers. He has won numerous awards for his leading-edge techniques, which have been adopted by plastic surgeons worldwide.

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  - [Awards](#)
  - [Charitable Work](#)
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