

# Richard Ellenbogen M.D.

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## MEDICATIONS TO BE AVOIDED BEFORE AND AFTER SURGERY

There are many drugs and/or medications that can potentially increase bleeding due to their effects on platelets in your bloodstream. The following list of medications should **be avoided for at least two weeks prior to and two weeks after surgery.**

1. **Aspirin and analgesics.** These include, but are not limited to: Aka-Seltzer, Bayer, Cold Tablets, Bufferin, Ecotrin, Excedrin, etc.
2. **Non-steroidal anti-inflammatory drugs (NSAIDS):** These include, Ibuprofen (Advil, Nuprin, Motrin), Naprosyn, Nalfon, Tolactin, Indocin, Clinoril, Feldene, Voltaren, etc.
3. **Oral anti-fungal drugs:** These include: Nizoral, Diflucan.
4. **Anti-asthmatic drugs** containing theophylline. These include: Theo-Dur, Theo-24, Slo-Phyllin, etc.
5. **Anticoagulants.** Coumadin, Persantine, Anturane, heparin, Lovenox.
6. **Antibiotics.** Macroclantin and penicillin (and its analogues) may increase bleeding at high doses.
7. **Alcohol.** Liquor, foods containing liquor, alcohol-based products such as cold remedies (i.e. Nyquil).
8. **Cough Syrups** containing glycerol guaiacolate (Robitussin). Other colds tablets and syrups including: Actifed C, Brondecon, Dimacol, Dimetane, Glycotuss, Quibron, Triaminic Expectorant, etc.
9. **Antihistamines.** These include: Chlor-Trimeton, Seldane, Hismanal, Periacin, etc.
10. **Radiographic Contrast Agents.** Used for imaging studies (i.e. IVP, CT scans, etc.).
11. **Diet pills.**
12. **Cardiovascular drugs.** The anti-arrhythmic drug quinidine (Quinidex, Quinaglute, etc.) can effect bleeding. Hypertension medications have questionable effects (verapamil, Isoptin, Diltiazem-Cardizem, nifedipine-Procardia).
13. **Vitamin E and Fish Oil Capsules** should be avoided one week prior to surgery.
14. **Certain hormones**
15. If birth control pills are taken, they should be taken up to and including the day of surgery. Avoid unprotected sex to avoid any chance of unexpected pregnancy.

**All medications that you are taking MUST be disclosed to your plastic surgeon and internist. They can make the decision as to whether a certain medication may compromise your surgery. Thank you.**

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Two week prior to surgery, vitamin E, aspirin products and products and medication containing ibuprofen should be discontinued because they promote bleeding.

### **PRODUCTS CONTAINING ASPIRIN**

Acetabar	Buffadyne	Empirin	Persistin
Alka-Seltzer	Buffaprin	Emprazil	Phenacaps
Alpha-ped capsules	Bufferin	Equagesic tabs	Phensal
Anytal w/acetylsal	Buffinol	Esgic	Presalin
Anacin	Butalbital	Excedrin	Robaxisal
Analgestine	Cama	Feldene	Rotense
Anaphen	Cama-inlay tabs	Fiorinal	Roxiprin
Anodynol	Caparon	4-Way cold tabs	Saleto Prep.
A.P.C.	Capathyn	Gelprin	Salibar Jr.
A.S.A	Carisoprodol	Gennisyn	Salocol
Ascriptin	Cefinal	Indocin	Scrip-Dyne Comp.
Asperbuf	Cheracol capsules	Liquiprin	Sedagesic
Aspereba	Congespirin	Lortab Asa tabs	Sedalgesic
Aspergum	Cope	Marnal	Sk-65 Comp. Caps
Aspermin	Coralson	Measurin	Soma Comp. tabs
Aspirbar	Coricidin	Midol	Stanback
Aspirin Jr.	Damason-P	Monacet w/Codeine	Stendin
Asprin	Darvon Compound	Motrin	Stero-Darvon w/ASA
Aspirin Suppos.	Derfort	Nipirin	St. Joseph products
Aspir-phen	Derfule	Norgesic Forte	Supac
Aspirtab	Dia-gesic	Norwich Aspirin	Synalgos Capsules
Aspodyne	Dolor	Orphengesic	Synalgos D.C. Cap
Axotal	Doloral	Pabirin Buff. Tab	Trigesic
B-A-C table	Dolpron #3 tabs	P-A-C	Vanquish
Bayer	Dristan	Palgesic	Talwin Compound
BC powder	Duragesic	Panalgesic	Tolectin
Bexophene	Dynosal	Pap	
Biogesic	Easprin	Percobarb	
Bufabar	Ecotrin	Pepto-Bismol	
Buff-A compound	Emogrin	Percodan	

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## **PRODUCTS CONTAINING IBUPROFEN**

Advil	Midol 200	Rufen
Haltran	Motrin	Vitamin E
Medipren	Nuprin	

## **AND OTHERS TO AVOID**

Aleve	Ginko Biloba	St. John's Worth
Clinoril	Ginseng	Sulindac
Daypro	Lodine	Trilisate
Disalcid	Naprosyn	Voltaren
Garlic	Orudis KT	Wintergreen Mints
Ginger	Relafen	

If you must take something for headache, menstrual cramps or other aches and pains, you may take Tylenol (Acetaminophen) as directed for the time prior to your surgery. Check the labels on any medicine you plan to take in pill, capsule, or liquid form. Do not take anything containing acetylsalicylic acid or salicylates.

Your cooperation can help us void bleeding complications with your anticipated surgery.

**REMEMBER: TYLENOL ONLY FOR PAIN**